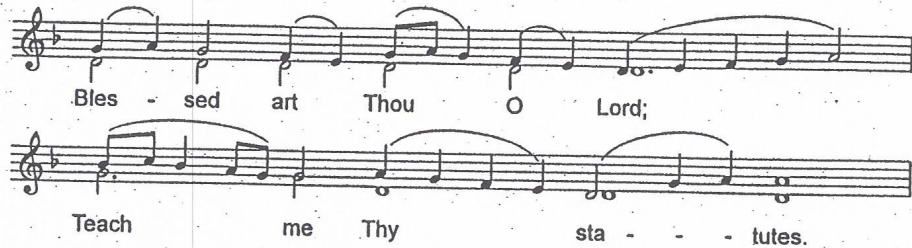


# The Praises

## First Stasis

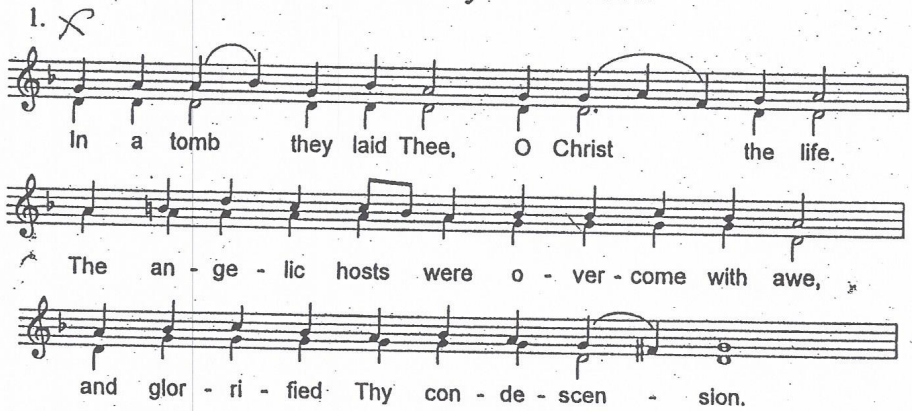
Set By Fr. David Anderson  
Ioanna

Chantor



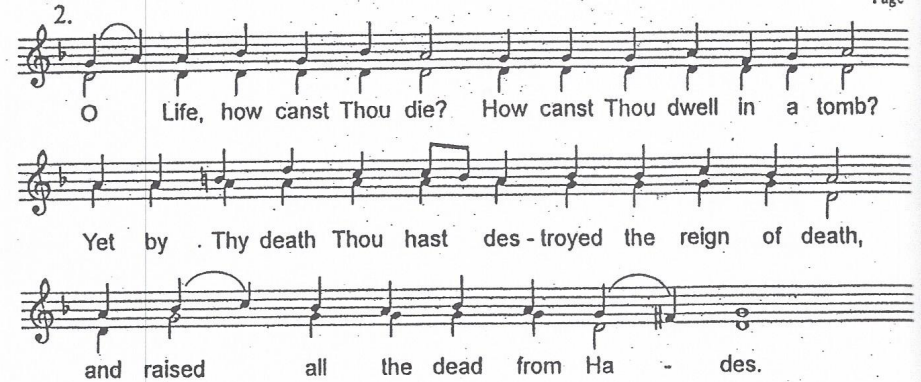
Bles - sed art Thou O Lord;  
Teach me Thy sta - - - tutes.

Blessed are the blameless in the way,  
who walk in the way of the Lord.



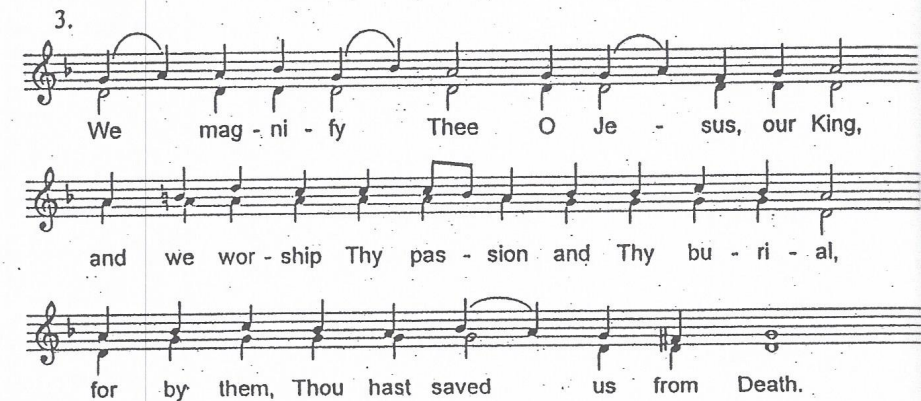
1. In a tomb they laid Thee, O Christ the life.  
The an - ge - lic hosts were o - ver - come with awe,  
and glor - ri - fied Thy con - de - scen - sion.

Blessed are they that search out His testimonies;  
with their whole heart shall they seek after Him.



2. O Life, how canst Thou die? How canst Thou dwell in a tomb?  
Yet by Thy death Thou hast des - troyed the reign of death,  
and raised all the dead from Ha - des.

For they that work iniquity have not walked in His ways.



3. We mag - ni - fy Thee O Je - sus, our King,  
and we wor - ship Thy pas - sion and Thy bu - ri - al,  
for by them, Thou hast saved us from Death.

Thou hast enjoined Thy commandments,  
that we should keep them most diligently.

4. Page 3

Earth's bounds Thou hast mea - sured, O Je - sus, King of all,  
 yet to - day Thou dwell - est in a nar - row tomb,  
 rai - - - sing the dead from their graves.

Would that my ways were directed to keep Thy statutes.

5.

O Mes - si - ah, Je - sus, my King, the Lord of all,  
 whom art Thou see - king in the depths of Had - - des?  
 Hast Thou come to free the race of mor - tal men?

Then shall I not be ashamed, when I look on all Thy commandments.

6. Page

Lo the sov - reign ru - ler of cre - at - ion is dead.  
 Al - migh - ty God is laid in a new tomb,  
 to emp - - ty the graves of all their dead.

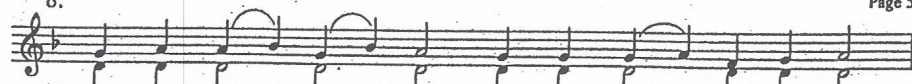
I will confess Thee with uprightness of heart,  
 when I have learned the judgments of Thy righteousness

7.

In a tomb they laid Thee, O Christ the life.  
 By Thy death Thou hast cast down the might of death,  
 and be - come the font of life for all the world.

I will keep Thy statutes; do not utterly forsake me.

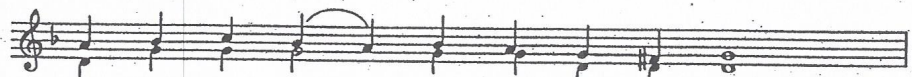
8.



Thou Hast been num - bered with trans-gress - sors, O Christ.



Thou hast jus - ti - fied us all, O Lamb of God,



by free - ing us from the de - vil's works.

Wherewithall shall a young man correct his way?  
By keeping Thy words.



Thou, O Lord, art fair - er than all the sons of men.



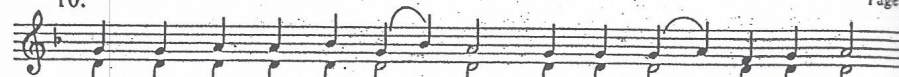
Thou hast filled cre - a - tion with Thy beau - ty.



How canst Thou lie be - fore us dead this day?

With my whole heart have I sought after Thee,  
cast me not away from Thy commandments.

10.



How could Hell bear Thy co - ming, and not shat - ter at once?



Death is blin - ded by Thy - splen - dor, O Lord.



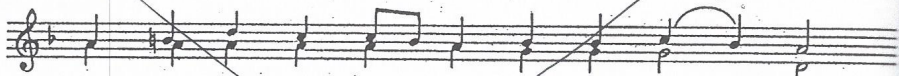
Its gloom is scat - tered by Thy daz - zling light.

In my heart have I hid Thy sayings  
that I might not sin against Thee.

11.



O Jes - sus, my sal - va - tion, my sweet - ness, my light,



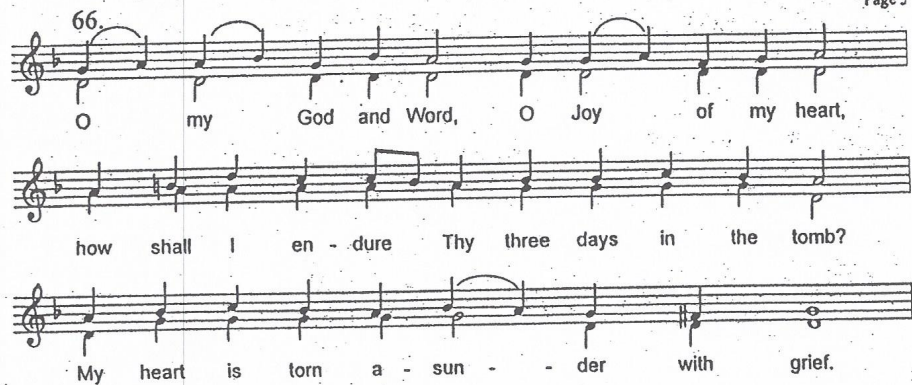
how hast Thou been hid - den in a dark tomb?



O pa - tinece, past our strength to un - der - stand!

Blessed art Thou, O Lord, teach me Thy statutes.

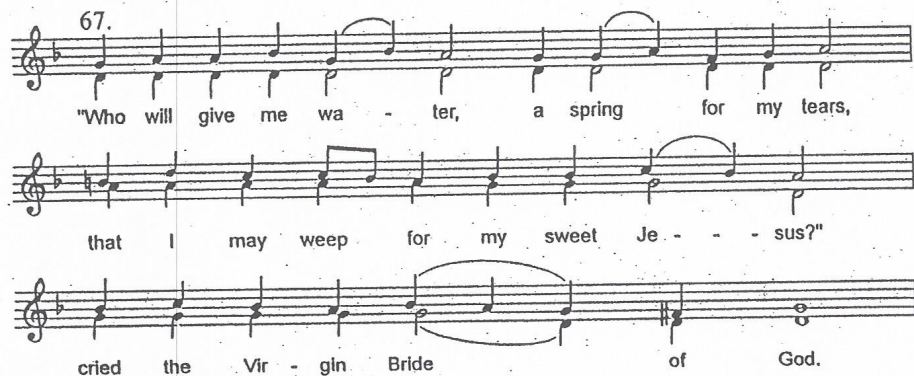
66.



O my God and Word, O Joy of my heart,  
 how shall I en - dure Thy three days in the tomb?  
 My heart is torn a - sun - - der with grief.

Before I was humbled, I transgressed;  
 therefore Thy sayings have I kept.

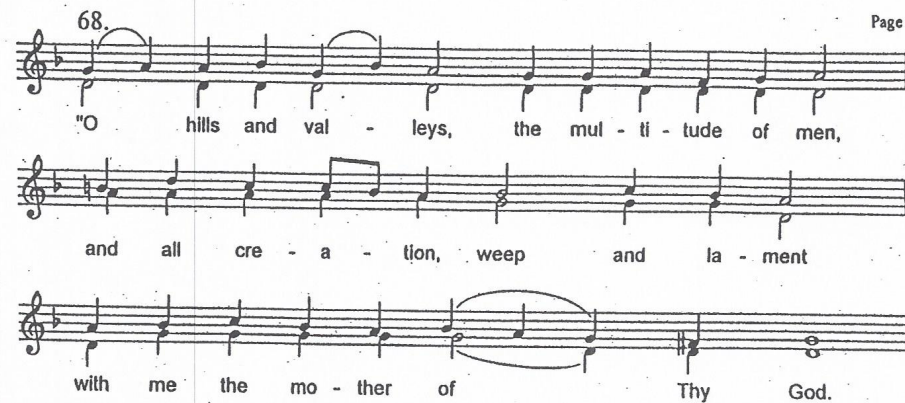
67.



"Who will give me wa - ter, a spring for my tears,  
 that I may weep for my sweet Je - - - sus?"  
 cried the Vir - gin Bride of God.

Thou art good, O Lord, and in Thy goodness teach me Thy statutes

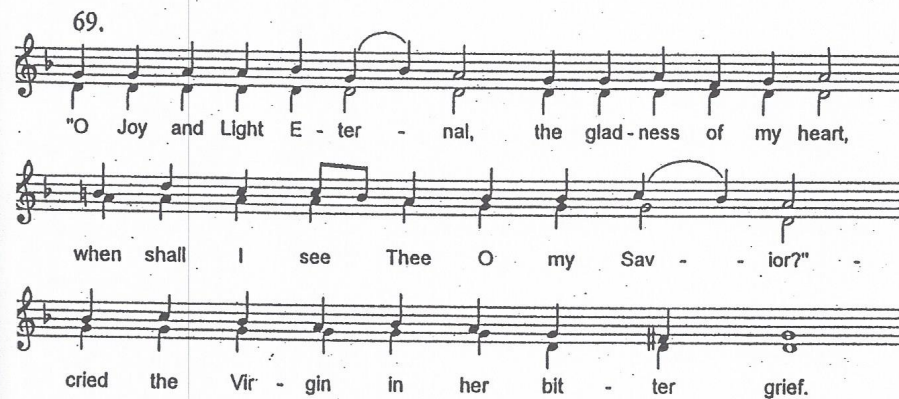
68.



"O hills and val - leys, the mul - ti - tude of men,  
 and all cre - a - tion, weep and la - ment  
 with me the mo - ther of Thy God.

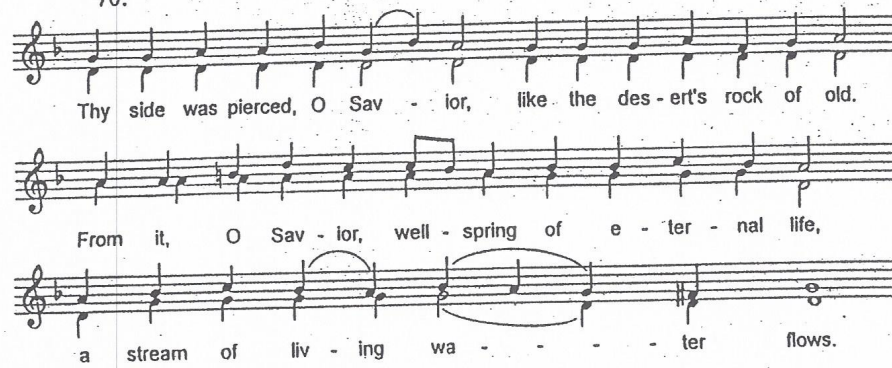
Multiplied against me hath been the  
 unrighteousness of the proud; but as for me,  
 with my whole heart will I serch out Thy commandments.

69.



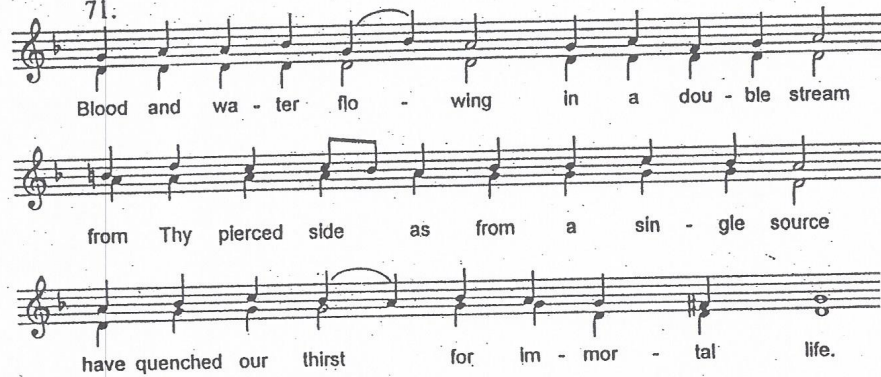
"O Joy and Light E - ter - nal, the glad - ness of my heart,  
 when shall I see Thee O my Sav - - - ior?"  
 cried the Vir - gin in her bit - ter grief.

Curdled like milk is their heart; but as for me,  
 in Thy law have I meditated.



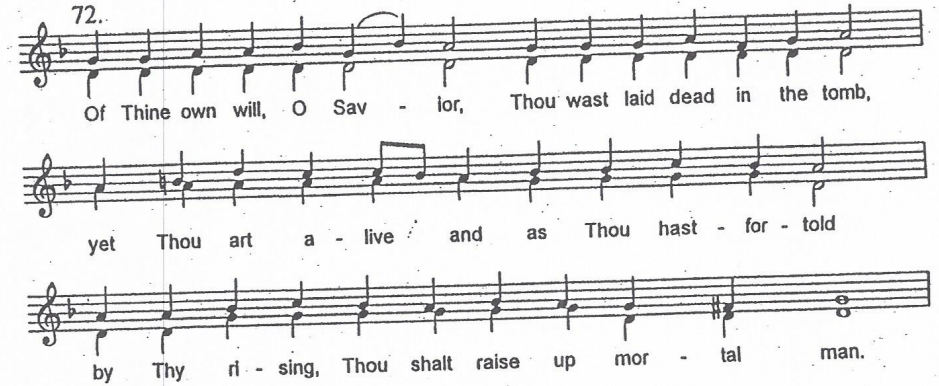
Thy side was pierced, O Sav - ior, like the des - ert's rock of old.  
From it, O Sav - ior, well - spring of e - ter - nal life,  
a stream of liv - ing wa - - - - ter flows.

It is good for me that Thou hast humbled me,  
that I might learn Thy statutes.



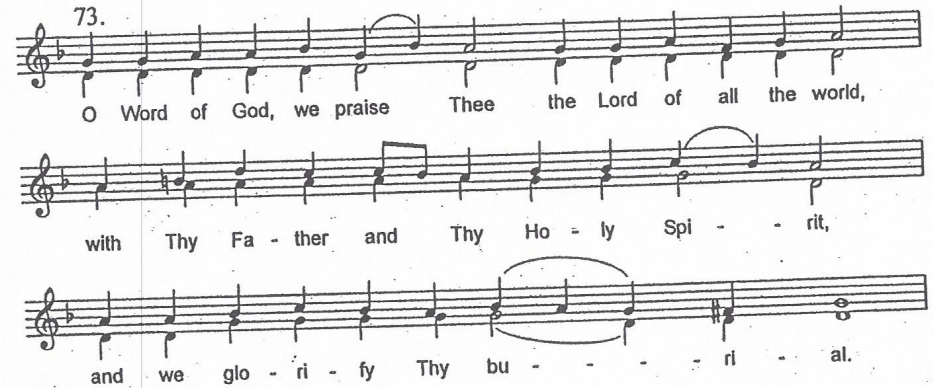
Blood and wa - ter flo - wing in a dou - ble stream  
from Thy pierced side as from a sin - gle source  
have quenched our thirst for im - mor - tal life.

The law of Thy mouth is better to me than  
thousands of gold and silver.



Of Thine own will, O Sav - ior, Thou wast laid dead in the tomb,  
yet Thou art a - live and as Thou hast - for - told  
by Thy ri - sing, Thou shalt raise up mor - tal man.

Glory to the Father and to the Son and to the Holy Spirit,



O Word of God, we praise Thee the Lord of all the world,  
with Thy Fa - ther and Thy Ho - ly Spi - - rit,  
and we glo - ri - fy Thy bu - - - - ri - al.

both now and ever and unto ages of ages. Amen

We bless thee, O Vir - gin - Birth - gi - ver of God,  
and with faith we praise the three - day bu - ri - al  
of thy Son and our God.

Repeat first verse

1.  
In a tomb they laid Thee, O Christ the life.  
The an - ge - lic hosts were o - ver - come with awe,  
and glo - ri - fied Thy con - de - scen - - - - sion.

*high*

## Second Stasis

1.  
It is right to mag - ni - fy Thee, O life - giv - ing Lord.  
Thou hast stretched out Thy most pure arms u - pon the cross,  
and hast bro - ken the e - - - - ne - my's power.

Thy hands have made me and fashioned me;  
give me understanding and I will learn Thy commandments.

2.  
It is right to mag - ni - fy - Thee O Cre - a - tor of all.  
We are freed from pas - sions through Thy Pas - sion,  
and de - li - vered from cor - rup - - - - - tion.

They that fear Thee shall see me and be glad,  
for on Thy words have I set my hope.

3.

The earth quaked with fear, O Sav - ior Christ; the sun hid it - self,  
 see - ing Thee the light that knows no eve - ning,  
 sin - king in Thy bo - dy down in - to the tomb.

I have known, O Lord, that Thy judgments are righteousness,  
 and with truth hast Thou humbled me.

4.

Thou hast slept in the tomb, O Christ, a life - giv - ing sleep,  
 by which Thou hast wa - kened all the hu - man race  
 from the hea - vy slum - - - ber of sin

Let now Thy mercy be my comfort,  
 according to Thy saying unto The servant.

5.

A - lone a - mong wo - men, O my child, with - out pain I bore - Thee.  
 Now I can - not bear the pain I suf - - fer,  
 said the Ho - ly Vir - - - - - gin.

Let Thy compassions come upon me and I shall live,  
 for Thy law is my meditation.

6.

The se - ra - phim saw Thee, O Lord, ly - ing dead on earth be - low  
 yet u - ni - ted with Thy Fa - ther on high,  
 and they shud - - dered and trem - bled with fear.

Let the proud be put to shame,  
 for unjustly have they transgressed against me;  
 but as for me, I will ponder on Thy commandments.

7.

The veil of the tem - ple was torn at Thy cru - ci - fix - ion,  
and the lights of Hea - ven hid their ra - di - ance,  
when Thou the Sun wast hid - den in the earth.

Let those that fear Thee return unto me,  
and those that know Thy testimonies.

8.

By Thy nod a - lone, long a - go, the earth was set on its course,  
now Thou hast des - cen - ded dead be neath the earth.  
Trem - - - ble, O Hea - ven, at this sight.

Let my heart be blameless in Thy statutes,  
that I may not be put to shame.

9.

Thou didst form A - dam with Thine own hand; now Thou go'st be - neath the earth  
and, O Lord with Thine al - migh - ty right hand,  
Thou hast raised up fal - - - - len man.

My soul fainteth for Thy salvation;  
on Thy words have I set my hope.

10.

Come, let us sing our la - ment to Christ who died for us,  
that we may be wor - thy, with the myrrh - bea - rers,  
to hear Him greet us: Re - joice.

Mine eyes are grown dim with waiting for Thine oracel;  
they say: When wilt Thou comfort me?



53.



Thine all-blame-less mo - - - ther wept most bit - ter - ly  
when she saw Thee laid with - in the tomb, O Word,  
in - ef - fa - ble, e - ter - - - - nal God.

I am Thy servant; give me understanding,  
and I shall know Thy testimonies.

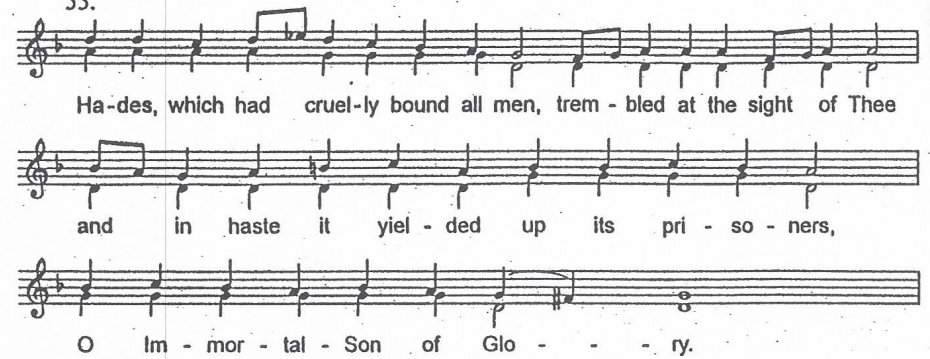
54.



Thine un - de - filed mo - ther, when she saw Thee die,  
cried to Thee in bit - ter sor - row, O Christ,  
"Do not tar - - ry a - mong the dead, O Life.

It is time for the Lord to act;  
for they have dispersed Thy law.

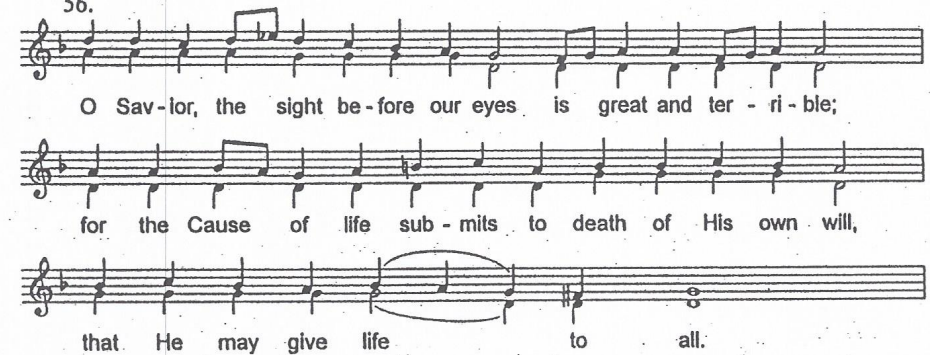
55.



Ha-des, which had cruel-ly bound all men, trem - bled at the sight of Thee  
and in haste it yiel - ded up its pri - so - ners,  
O Im - mor - tal - Son of Glo - - - - ry.

Therefore have I loved Thy comandments  
more than gold and topaz.

56.



O Sav - lor, the sight be - fore our eyes is great and ter - ri - ble;  
for the Cause of life sub - mits to death of His own will,  
that He may give life to all.

Therefore I directed myself according to all Thy commandments:  
every way that is unrighteous have I hated.

57.

O Mas-ter, Thy side is pierced, and Thy hands trans-fixed with nails;  
 thus Thou heal-est the wound of our first par-ents  
 and the sin-ful greed of their hands.

Wonderful are Thy testimonies;  
 therefore hath my soul searched them out.

58.

Once in ev-ery house in Beth-le-hem, they wept for Ra-chel's chil-dren.  
 Now, His mo-ther, with the a-pos-to-lic choir,  
 la-ments for the Vir-gin's Sons.

The unfolding of Thy word will give  
 light and understanding unto babes.

59.

By the hands of mor-tal men, Christ was slapped on the face,  
 though He fash-ioned man with His al-migh-ty hand  
 and crushed the teeth of the beast.

I opened my mouth and drew in my breath,  
 for I longed for Thy commandments.

60.

All Thy faith-ful peo-ple, O Christ, sing-ing hymns of praise,  
 bless Thy cru-ci-fix-ion and Thy bu-ri-al,  
 by which we are ran-somed from death.

Glory to the Father and to the Son and to the Holy Spirit,

61.

O God with - out be - gin - ning, E - ter - nal Word and Spi - rit,  
 help - Thy peo - ple to pre - vail a - gainst their foes,  
 for Thou art the Lo - ver of man - kind.

Now and ever and unto ages of ages. Amen

62.

O Vir - gin, pure and un - de - filed, Thou gav - est birth to our Life;  
 make the strife and scan - dals of the Church to cease;  
 in Thy good - ness grant her peace.

1

It is right to mag - ni - fy Thee, O life - giv - ing Lord.  
 Thou hast stretched out Thy most pure arms u - pon the cross  
 and hast bro - ken the e - - - ne - my's power.

### Third Stasis


1.



Ev - ry ge - ne - ra - tion



of - fers Thee its hymn of praise




at Thy bu - ri - al, O My Christ.

Look upon me and have mercy on me,  
according to the judgment of them that love Thy name.


2.



The A - - - ri - ma - the - - - an



took Thee down from the tree



and laid Thee in a tomb.

My steps do Thou direct according to Thy saying,  
and let no iniquity have dominion over me.

3.



The myrrh - bea - ring wo - men



with fore - sight brought sweet spi - - - ces



and drew near to Thee O My Christ.

Deliver me from the false accusation of men,  
and I will keep Thy commandments.

4.



Come, with all cre - a - tion,



sing a hymn to hon - - - or



the Cre - a - - - tor's bu - ri - al.

Make Thy face to shine upon Thy servant,  
and teach me Thy statutes.

5

Let us, with the myrrh - bear - ers,  
 a - noint, as dead, the LI - ving One,  
 un - der - stan - - - ding what we do.

Mine eyes have poured forth streams of waters,  
 because I kept not Thy law.

6.

O thrice bless - sed Jo - seph,  
 bu - ry now the bo - - - - dy  
 of Christ, the Gi - ver of Life.

Righteous art Thou, O Lord, and upright are Thy judgments.

7.

Thou feed'st - Thy cho - sen peo - ple  
 with man - na in the wil - der - ness;  
 but they raised their - heel a - gainst Thee.

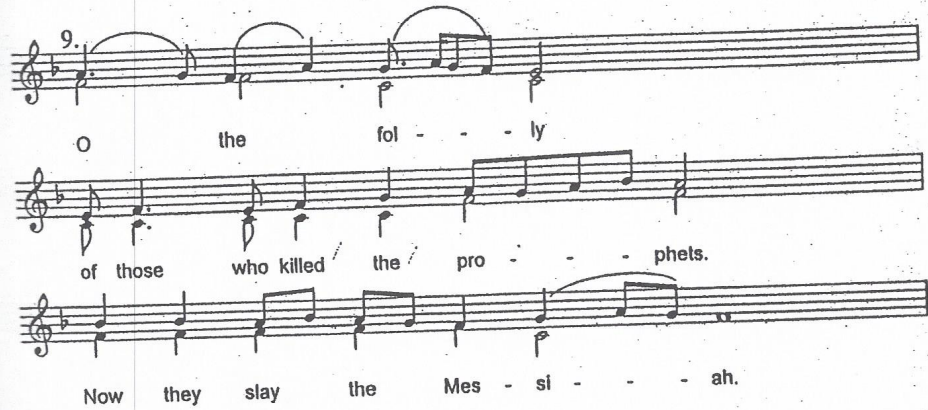
Thou hast ordained as Thy testimonies  
 exceeding righteousness and truth.

8.

Thou feed'st Thy cho - sen peo - ple  
 with man - na in the wil - der - ness.  
 Now they give Thee gall and vi - ne - gar.

My zeal for Thee hath made me to pine away,  
 because mine enemies have forgotten Thy words,

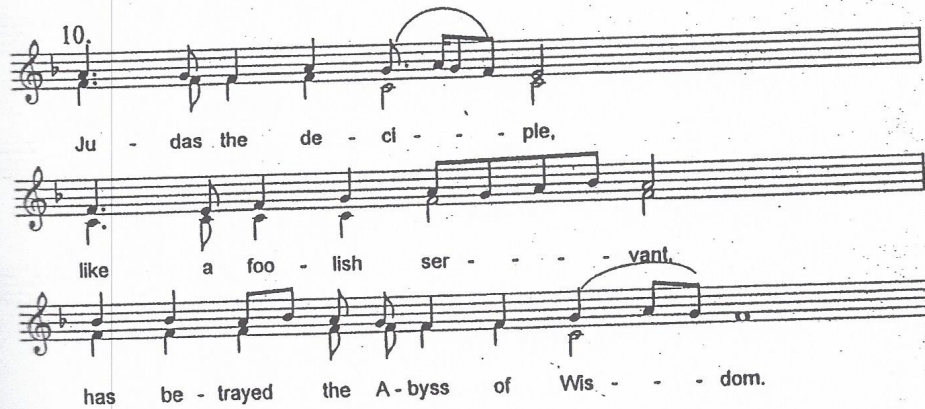
9.



O the fol - - - ly  
of those who killed the pro - - - phets.  
Now they slay the Mes - si - - - ah.

Thine oracle is tried with fire to the uttermost,  
and Thy servant hath loved it..

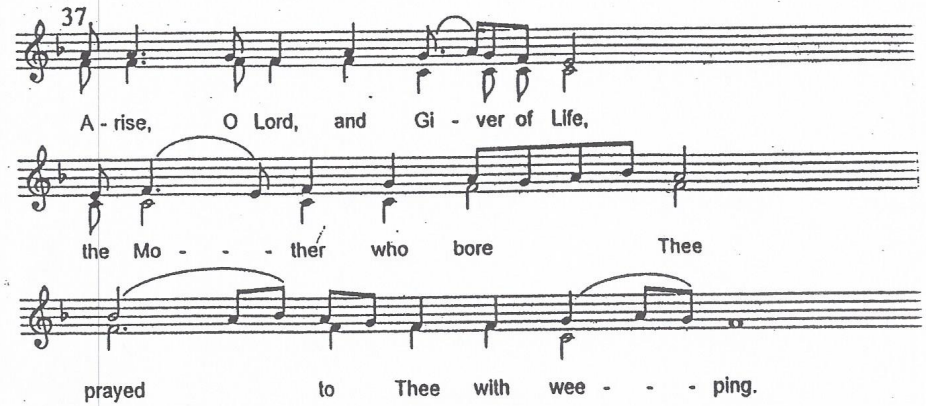
10.



Ju - das the de - ci - - - ple,  
like a foo - lish ser - - - vant,  
has be - trayed the A - byss of Wis - - - dom.

I am young and accounted as nothing,  
yet Thy statutes have I not forgotten.

37.

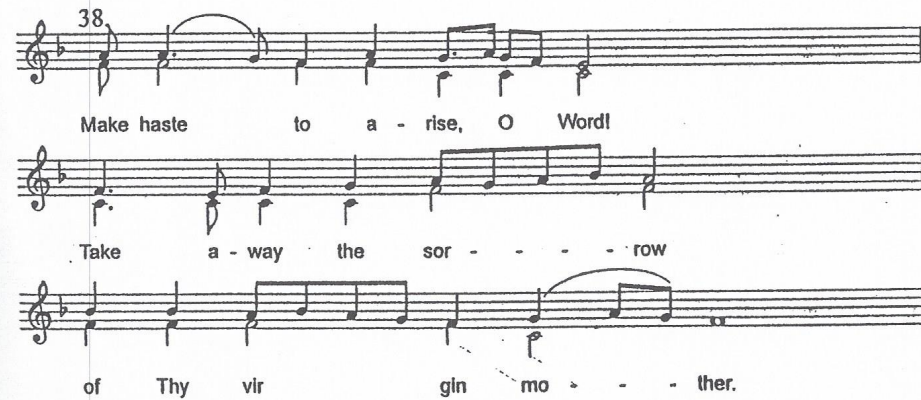


A - rise, O Lord, and Gi - ver of Life,  
the Mo - - - ther who bore Thee  
prayed to Thee with wee - - - ping.

I loved

I have kept Thy commandments and Thy testimonies,  
for all my ways are before Thee, O Lord.

38.



Make haste to a - rise, O Word!  
Take a - way the sor - - - row  
of Thy vir gin mo - - - ther.

edingly.

Let my supplication draw nigh before Thee, O Lord;  
according to Thine oracle give me understanding.

39.

All the hosts of hea - - ven  
 were filled with fear and won - - - der  
 when they saw Thee dead, O Lord.

Let my petition come before Thee, O Lord;  
 according to Thine oracle deliver me.

40.

We ho - - - nor Thy pas - - sion  
 with fear and love, O Lord,  
 grant us for - give - ness of our sins. - - -

My lips shall pour forth a hymn when  
 Thou hast taught me Thy statutes.

41.

O strange and dread - ful won - der!  
 How art Thou now hid - - - - den  
 In the earth, O Word of God?

My tongue shall speak of Thy sayings,  
 for all Thy commandments are righteousness.

42.

When Thou fledd - est to E - gypt,  
 Jo - seph guar - ded Thee, O Lord:  
 Now a - no - ther Jo - seph bu - ries Thee.

Let Thy hand be for saving me,  
 for I have chosen Thy commandments.

43.

Thine All - - - Ho - ly Mo - ther  
 weeps for Thee la - men - - - ting  
 at Thy death, O my Sav - - - ior.

I have longed for Thy salvation, O Lord,  
 and Thy law is my meditation.

44.

The hosts of an - gels trem - ble  
 at the strange and fear - ful sight  
 of Thy bu - ri - al, O Ma - ker of all.

My soul shall live and shall praise Thee,  
 and Thy judgments will help me.

45.

Ear - ly in the morn - ing,  
 the myrrh - - - bea - ring wo - - - men  
 came to Thee and sprin - kled myrrh on Thy-tomb.

I have gone astray like a sheep that is lost;  
 O seek Thy servant, for I have not forgotten Thy commandments.

46.

By Thy re - sur - rec - - tion,  
 grant peace to Thy Church  
 and sal - va - tion to Thy peo - - - ple.

Glory to the Father and to the Son and to the Holy Spirit,



47.

O God in Tri - ni - ty,  
Fa - ther, Son and Spi - - - rit,  
grant Thy mer - - - cy to the world.

Both now and ever and unto the ages of ages. Amen.

48.

Grant us, Thy ser - vants,  
to be - hold, O Vir - - - gin,  
the re - sur - rec - tion of Thy son.